

BISHOP LLOYD MIDDLE SCHOOL

ATHLETIC HANDBOOK

2019-2020



CONTACT INFORMATION

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ATHLETIC DIRECTOR: Ryan Sklapsky

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Message to Students and Parents:

The purpose of the Athletic Handbook is to promote a comprehensive understanding of what is required to participate in the Bishop Lloyd Middle School Athletic Program. Research has indicated that participation in extracurricular activities enhances the academic experience. Therefore, we encourage all students to participate in extracurricular activities. Through voluntary participation in athletics, the student athlete gives time, energy and loyalty to the athletic program and to Bishop Lloyd. In addition, the student athlete accepts training, rules, regulations and responsibilities that are unique to Bishop Lloyd's athletic program.

Mission Statement for Lloydminster Public School Division:

Ensuring Diverse Learning for All Students

Lancer PRIDE

Positive

Respectful

Involvement

Determination

Excellence

**In addition to the Student Athletic Code Handbook, student athletes are also governed by the School Code of Conduct.*

SCHOOL WIDE GOALS:

The goal at Bishop Lloyd Middle School is to develop and promote the growth of student self-discipline, to encourage and reinforce appropriate behavior. We believe the responsibility for appropriate behavior in our school is shared by students, staff, and parents.

STUDENTS have a responsibility to respect the rights of others, be actively involved in their own academic learning, and social growth.

STAFF is responsible for establishing a positive school climate in which structure, support, and encouragement are provided to assist students in developing a sense of self-discipline and responsibility while contributing to society.

PARENTS are responsible for establishing a positive learning atmosphere in the home, knowing and supporting school policies & procedures, and encouraging their children to understand and respect them.

fATHLETIC DEPARTMENT PHILOSOPHY

Athletics is only a part of the entire school program. Every student must be cognizant that participation in athletics is only allowed if the student is in good academic and behavioral standing. Student athletes represent Bishop Lloyd Middle School and are therefore obligated to follow the SHSAA and school rules and regulations. All Bishop Lloyd athletic programs are designed to develop the whole student athlete.

Bishop Lloyd Middle School will promote participation for as many members of the student body as possible. Due to the number of students that tryout for school sports, there is a policy in place that limits the number of student athletes so that the program is manageable and effective. The policy is subject to change based on the number of student athletes that desire to participate in a given athletic program.

Bishop Lloyd Middle School follows the NWHSAA guidelines for each sport. While it is the goal to allow all students to participate, each sport has different regulations, which may affect the amount of playing time. Therefore, not all athletes will receive the same amount of playing time in games or matches.

LINK TO SASKATCHEWAN HIGH SCHOOL ATHLETIC ASSOCIATION

www.shsaa.ca

LINK TO N.W. HIGH SCHOOL ATHLETIC ASSOCIATION

www.nwhsaa.ca

BISHOP LLOYD MIDDLE SCHOOL
ATHLETIC PROGRAMS BY SEASON

FALL

CROSS COUNTRY

JR BOYS/GIRLS VOLLEYBALL

COED SOCCER

GOLF

WINTER

JR BOYS/GIRLS BASKETBALL

CURLING

SPRING

BADMINTON

TRACK & FIELD

GOLF

Student athletes should consider time, interests, academic responsibilities, physical and physiological readiness, and team requirements before committing to a team. Bishop Lloyd “A” teams are competitive; team selection and **amount of playing time cannot be guaranteed.** Intramurals and “B” teams are alternative programs, in which all students can participate in a less-competitive environment. On “B” teams, playing time will be based on participation and commitment to the team.

TEAM/COACH/PLAYER GUIDELINES

Coaches and players should demonstrate the following while competing in competitions that represent Bishop Lloyd Middle School:

- Dedication to physical, emotional, and mental improvement
- Commitment to their athletic program and its members
- Appreciation for their sport
- Leadership within their sport
- Responsibility
- Acceptable balance between sport and their academic schedule
- Respect for their team, school and community
- Coaches should also dedicate themselves to personal professional development opportunities (ex. Respect in Sport, Fundamentals of Coaching, www.schoolcoach.ca)

SEASONS OF PLAY

Cross Country	September-October
Volleyball	September-October-November (on occasion)
Soccer	September-October
Senior Golf	September
Basketball	November-December-January-February
Curling	December-January-February
Badminton	February-March-April
Track & Field	April-May-June
Junior Golf	June

RULES AND REGULATIONS – SECTION I

A. Absences and Tardies

- Each coach will outline at the beginning of the season any guidelines regarding absences and lates for practices and games.
- If the student athlete sits out of physical education class due to injury or illness, the student-athlete will not practice or play in the game that day.
- Student athletes must attend school that day unless extraordinary circumstances have been communicated to the coach prior to the absence in order to participate in a practice or a game.

B. Behavior

- Fighting, taunting or otherwise provoking conflict with opponents or spectators will be subject to disciplinary action.
- Student athletes earning an out of school or in school suspension are not permitted to attend practices or games at any facility, home or away, during the period of the suspension.
- Social media presence must be carried out in a positive manner. Expressions in a negative context towards staff, students, opposing teams or officials do not represent Bishop Lloyd and will not be tolerated.

C. Team Travel

- Student athletes must travel to and from contests not at Bishop Lloyd Middle School in transportation coordinated by the coaches. This may include parent drivers, school buses, or rental vehicles.
- Small fees may be asked for to assist in transportation costs.
- See Form 260-1 for booking transportation for field trips. This form needs to be sent to Transportation Coordinator at Division Office.

- For teams that require parent drivers, see Form 556-1 Driver Volunteer Form. This form must be filled out along with copies of insurance policies from the driver and valid driver's license.

D. School Uniforms

- It is the responsibility of the student athlete to return all school issued uniforms to the appropriate coach within one week of the completion of the season.
- Uniforms will only be accepted by team coaches.
- Any lost, stolen, damaged, or non-returned uniforms are the monetary responsibility of the student-athlete.
- Student athletes may be restricted from participation in extra-curricular activities if the uniform is not returned or reimbursement made.

E. Academic Eligibility

- Students must maintain a good academic standing consisting of: good work habits, consistently handing in assignments, on time for class, and demonstrate virtues within the Lancer Pride matrix.
- Administration, teachers and coaches understand that players will miss school where early departures are required to attend tournaments or out of town games. Staff will encourage and support students who are involved in the extra-curricular activities.
- When travelling on overnight trips, coaches should arrange group study sessions to support student athletes.
- **Coaches should be aware of the academic and attendance standing of student athletes on their teams. Coaches should be communicating academic and attendance expectations to athletes and parents on their teams.**

Lancer PRIDE Matrix

Positive	Respect	Involvement	Determination	Excellence
Positive is the way we will approach our daily life at BLMS and the following values.	We treat one another with caring and respect at all times by honoring the rights of others to be happy, free and accepted for whom they are.	We come to school with a positive attitude, full of school spirit and eager to participate whole-heartedly.	We finish what we have started even when it is difficult.	We strive for excellence in academics, athletics and character.
-Have a positive attitude -Smile, laugh, and enjoy what you do -Look on the bright side of things	-Respect yourself and others -Respect property -Speak courteously to everyone	-Be involved in school activities -Participate in class -Share your ideas -Include others	-Have a positive attitude -Keep trying even when things are hard -Complete your tasks	-Put 100% effort into what you do -Set goals and work towards them -Always look for ways to improve

RULES AND REGULATIONS – SECTION II

Communication between parents, student athletes, and coaches is essential. Parents and student athletes have a right to understand what expectations are being placed upon them. Communication should be mutually respectful in order to foster a positive, supportive relationship between parents, student athletes, and coaches. It is the goal of the parent and coach relationship to promote cohesiveness of team through positive support of the student athlete and teammates.

A. Communication Parents should expect from the Athlete's Coach

- Expectations the coach has for all players on the team
- Locations and times of practices and contests
- Team requirements

B. Communication Coaches Expect from Athletes

- Notification of any schedule conflicts as soon as possible.
- Questions and/or concerns about athletic program rules and/or expectations not addressed in the Athletic Policy Handbook
- Receipt of a signed Athletic Handbook form

C. Appropriate Items for Parents to Discuss with Coaches

- Ways to help the student athlete improve
- Concerns about student-athlete's physical or emotional well-being
- Concerns about the student-athlete's classroom behavior and academic eligibility
- Positive comments regarding team

D. Issues Not Appropriate for Parents to Discuss with Coaches

- Other student athletes
- Coaching strategies and philosophies

E. Conferences with Coaching Staff

- If you have concerns, please schedule a meeting at another time away from students.
- Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for parents, athletes, and coaches. Meetings of this nature seldom promote positive resolutions.

ATHLETIC DIRECTOR DUTIES

The position of the athletic director position is vital to the success of the Lancers athletic programs. The Athletic Director's role is to support coaches in decisions with schedules, dealing with parents and selecting tournaments as well as abiding by the Lancers Pride Matrix. The Athletic Director also has the support and assistance of School Administration when it is deemed necessary. Duties of the Athletic Director include the following:

- Completing the SHSAA online school registration and registration of all Bishop Lloyd Lancers teams.
- Assist coaches in registration information collection as needed.
- Gather birthdates, current grades and homeroom teachers for the entire student body from secretarial staff.
- Recruit coaches and assistant coaches from faculty or community members if needed to fulfill duties for all Lancer teams.
- Request SHSAA provincial fees and NWHSAA district fees on behalf of Bishop Lloyd Middle School.
- Assist coaches in team purchases (uniforms or clothing), equipment, transportation and payment voucher forms.
- Develop practice schedules with other coaches to ensure teams are getting enough hours and managing potential conflicts if they arise.
- Assist with tournament draws for home tournaments and providing contact information for schools from the ASAA and SHSAA.
- Distribute information to coaching faculties at Bishop Lloyd as well as E.S. Laird and College Park Schools.
- Act as the chairperson for any coaches' meetings.
- Distribute contact information to district and provincial athletic bodies.

- Demonstrate leadership through communication with Lloydminster and area media contacts in regard to games, tournaments and individual results.
- Represent Bishop Lloyd at NWHSAA in Meadow Lake during the three or four meetings per year.
- Purchase district and provincial championship banners for team or individual gold medalists for Bishop Lloyd.
- Arrange gym bookings for district championships where Bishop Lloyd is the host school as well as confirm track and field facility availability for school and city championships.

ACKNOWLEDGEMENT OF RECEIPT

We, the student athlete and parent(s) / guardian(s), have read and understand the information provided in this document. We, the student athlete and parent(s) / guardian(s), understand that this handbook is meant to provide a framework for athletic policy at Bishop Lloyd Middle School and is not all encompassing. Situations that may arise outside the parameters of the Student Athletic Code Handbook will be handled on an individual basis.

By participating in athletic programs at Bishop Lloyd Middle School, we, the student athlete and parent(s) / guardian(s), agree to adhere to the rules of the school, the team, and the athletic department.

Failure to read and understand this document does not excuse violations of the district, the school, the team, or the athletic department policies. Please detach this form and return it to the coach.

PRINT STUDENT NAME: _____

STUDENT SIGNATURE: _____

PARENT SIGNATURE: _____

DATE: _____

*******PLEASE HAND IN THIS COPY OF THE HANDBOOK
TO YOUR COACH*******

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