

BLMS Lancer Volleyball Plan

Season of Play: October 13 to November 27

Schedule Week of October 13th- 16th:

Tuesday October 13

3:15-4:30 Grade 9 Boys

Holfeld

5:00-6:15 Grade 9 Girls

Comeau

Wednesday October 14

4:00-5:15 Grade 7 Girls

Comeau

5:30-6:45 Grade 7 Boys

Rawluk

Thursday October 15

3:15-4:30 Grade 8 Boys

Holfeld

5:00-6:15 Grade 8 Girls

Wouters

***** The times above are only for the week of October 13th to 16th. The schedule for October 19 to the end of season will be finalized and shared by October 16th with all participants.**

Participant Waiver - Please read and sign the LPSD Participant Waiver. Please bring the signed waiver to the first session. A waiver is not required for further sessions. As part of the waiver, participants are asked to monitor for symptoms and not attend if they are experiencing symptoms.

Covid Procedures:

- Athletes are to only arrive 10 minutes before their session. Athletes will enter through the main doors of the school and wait outside the gym doors until the doors are opened for the session. Athletes must be masked and physically distancing upon entering the building.
- Athletes are asked to come changed into proper attire but if change rooms are needed there will be a maximum of 6 athletes allowed in the change room at a time to maintain proper physical distancing. No personal items can be left in the change room during the session. Masks must be worn in the change rooms.
- Athletes must exit the building within 10 minutes after their session ends. Athletes will exit through the gym side doors. It is important parents are on time to pick their child up from the session.
- Practice plans will be structured in a way to promote physical distancing and reduce the chance of physical contact.
- Athletes must bring their own water bottles as there will be no sharing of water bottles. Hand sanitizer will be supplied.
- Attendance will be taken, recorded, and dated so that it will be a simple process to contact trace our cohorts should we need to.
- All equipment used during a session will be sanitized
- At this time, spectators are not allowed for LPSD extracurricular activities.

Return to Sport Guidelines

Lloydminster Public School Division has implemented the following guidelines to align with Saskatchewan High Schools Athletic Association and the Government of Saskatchewan's reopen plan.

- The maximum number of individuals that can form a cohort remains at 50.
- For sports or activities where participants are unable to adhere to physical distancing, mini-leagues should be formed. Mini-leagues can be comprised of multiple teams, but no more than 50 individuals. Mini-leagues allow sports teams to return to a safe level of play and help mitigate the risk of widespread transmission by limiting the number of athletes who come in close contact.
- Mini-leagues must be comprised of individuals within the same neighbourhood, community or local geographical region (e.g. within a rural municipality, town, quadrant of a city or nearest community).
- Teams in different mini-leagues should not play each other.
- The 50-person maximum per mini-league includes coaches/staff, instructors, participants from multiple teams, officials and volunteers who cannot maintain two metres of distance from others. Spectators, including parents, who are not part of a previously listed category, and others who can ensure physical distancing are not included in the 50-person total.
- Coaches, staff and officials who primarily interact with individuals or teams at a distance of 2 metres or greater do not need to be counted as part of the cohort. These individuals are required to wear a mask and perform proper hand hygiene.
- The recommendation is that individuals minimize/limit the number of cohorts they participate in.
- Physical contact must be minimized whenever possible
- Tournaments and interprovincial travel are not permitted.
- Participants who are sick or symptomatic must not enter the facility or participate in the activity. Athletes, coaches, spectators, staff and volunteers should use the [self-assessment tools for COVID-19](#), provided by the Government of Saskatchewan and follow the subsequent directions.
- For more information please visit the [Government of Saskatchewan's Sport and Activity Guidelines](#) and [Saskatchewan High School Athletics Association's Return to School Sport](#) document

LPSD WAIVER OF LIABILITY FOR ALL CLAIMS AND RELEASE OF LIABILITY

PLEASE READ CAREFULLY BEFORE SIGNING. Completed forms must be returned prior to attending the Bishop Lloyd Middle School Lancer Volleyball sessions the week of October 13th.

By signing below, the Participant (named below) and/or the Participant's Guardian represents that the Participant:

1. Has not travelled internationally during the last 14 days;
2. Has not visited a COVID-19 high risk area, region or location in Canada during the last 14 days;
3. Does not knowingly have COVID-19;
4. Is not experiencing known symptoms of COVID-19, such as fever, cough, or shortness of breath, and if experiences such symptoms during the Event will immediately depart from the Event;
5. Has not, in the past 14 days, knowingly come into contact with someone who has COVID-19, who has known symptoms of COVID-19, or is self-quarantining after returning to Canada; and
6. Follows government recommended guidelines in respect of COVID-19, including practicing physical distancing, and will do so to the best of the Participant's ability during the Event.

I confirm that I have read and fully understand this waiver and release of liability. I sign this waiver and release of liability voluntarily without any inducement, assurance, or warranty being made to me.

Name: _____

Grade: _____

Student Name

Name: _____

Parent/Guardian Signature