

5524 31 St Lloydminster AB T9V 1W1

Principal: Mr. Aaron Canfield

Phone: 780.875.6239

Vice Principal: Mrs Janice Wouters



December has arrived! It was great to see all of the parents in the school for Student Led Conferences at the end of November as we transitioned from Term 1 to Term 2.

Lancer Athletics has transitioned into the basketball and curling seasons of play. We had a large amount of students at tryouts for our basketball teams as well as the curling team. It is great to see all the students involved in extracurricular activities.

On December 9th Bishop Lloyd will be holding their Treaty 6 and Metis Flag Raising Ceremony. The ceremony will start at 10:55 am and be held in the gymnasium. Our school, staff, and students will raise the Treaty 6 Flag and the Metis Flag as another step towards truth and reconciliation. The ceremony will be celebrated with traditional drumming, dancing, and special messages from Elders. We are very excited for the ceremony and would like to invite parents and families to attend.

As we move through December the Bishop Lloyd staff wishes all our families a safe and Happy Holiday Season.

Aaron Canfield
Principal



Registration Form And Fees

Parents, please assist us in keeping school records and important Information regarding your child up to date. Each student has received a **Student Demographic form** to sign and return. Please ensure that all forms are completed accurately and returned promptly including copies of birth certificates if you are a new student to LPSD.



Student Late & Absences

If you are aware that your child will be late or not in school on any given day, please contact the office at 780-875-6239 or email katherine.luchynski@lpsd.ca or Carolyn.tichkowsky@lpsd.ca

If a student is leaving early they must sign out at the office before doing so. If a student is late they must also sign in at the office otherwise that may result in a unnecessary call home.



Lancer Library

November was another busy month that just flew by! Métis Awareness Month and Novel Writing Month was recognized in the Lancer Library with book and whiteboard displays. We also had displays celebrating Veterans' Week and Remembrance Day, Transgender Awareness Week, and Canadian History Week.

A steady stream of new books continues to arrive. If there are any titles that you think should be in the Lancer Library, but aren't, please let me know. I make new orders once or twice a month and I'll do my best to accommodate student requests.



If you have Instagram, consider following @lancerlibrary to see the daily happenings in the Library!

Mrs. Smith, Library Technician



Lancer Pride

Each month, teachers select a student from their homeroom to be that month’s PRIDE winner. These students demonstrate an improvement in their efforts and ability in all the areas of PRIDE: Positivity, Respect, Involvement, Determination, and Excellence!

Grade 7	Grade 8	Grade 9
7-1 Rayna N.	8-1 Abeera C.	9-1 Tustan P.
7-2 Kolten A.	8-2 Stevie B.	9-2 Skylar H
7-3 Lisa L.	8-3 Lucas C	9-3 Sierra P.
7-4 Paige F.	8-4 Tori H.	9-4 Riley N.
7-5 Mya M.	8-5 Aaron S.	9-5 Hayden R.
	8-6 Anum R.	

Term 1 Class Presentations

Now that we have been in school for one term, and our first report cards were published live on EDSBY, we will be communicating with our students about their academic results.

Our presentations include grade level term 1 results, with data being shared around students that are in the green (passing core classes), yellow(one or more subjects between 50-59) and red (one or more subjects below 50%). We also discuss how we work together to assist students in reaching the 'green' for their academics. We talk about our LPSD graduation rate and the importance of establishing strong work and study habits in middle school.

We also take time to celebrate what we did well as a student population and then we set goals for term 2.

At the end of each term, we share our results with staff and students and this assists teachers and students in determining a direction for the next term.

Bishop Lloyd Middle School Fundraising

Once again our school achieved its goal of selling 400 coupon cards. As a way to celebrate achieving our school goal, Mrs.Tremmel volunteered to have her hair colored blue!

Good Job Lancers, and Thank you Mrs Tremmel!!



Spirit Squad News

October and November have been a couple of exciting and busy months for the Spirit Squad. Our Spirit Dress up days in October included Rock Band T-Shirt Day and of course, Halloween! On Halloween we ran a school wide bingo that students loved to participate in. We also held a costume contest at lunch in the gym. Thanks to a couple of our SCC mom's who came out to judge the contest! Our Spirit Dress up days in November included Twin Day, Oreo Day, and Hat Day. Students who dressed in white and black received Oreo cookies during lancia time! Our Spirit Squad took time to decorate the student commons area for Christmas.

Upcoming Dress up & Activity Days for December...

Friday Dec 16th - **Christmas PJ Day**

Christmas Karaoke happening in the commons at lunch

Monday Dec 19th - **Crazy Sock Day**

Tuesday Dec 20th - **Christmas Hat Day**

Bobbing for Candy Canes in the commons at lunch

Wednesday Dec 21st - **Candy Cane Day (Red & White)**

Receive a candy cane during lancia time if you are dressed in red & white

Thursday Dec 22nd - **Ugly Christmas Sweater Day**

School Wide Bingo after lunch in your homeroom

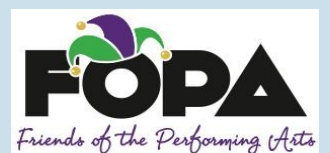
Bishop Spirit Squad



Music Lessons

FOPA music lessons are now underway throughout LPSD schools! There is still availability for lessons in guitar and voice. For more information on the FOPA music lesson program please visit

<https://www.lpsd.ca/schools/fopa-music-lessons>



Important Dates

Dec 1st - Band Concert 7pm Vic Juba

Dec 16th - Christmas PJ Day

Dec 19th - Crazy Sock Day

Dec 20th- Christmas Hat Day

Dec 21st - Candy Cane Day (Red & White)

Dec 22nd - Ugly Christmas Sweater Day
- Early Dismissal

December 23- January 8th- Christmas Break

LANCER ATHLETICS

Boys A Practice

Coach Mr. Maze, Mr. Golden

Monday 3:00-4:45PM

Wednesday 3:15-4:45PM

Girls A Practice

Coach Ms. Andres, Montana

Monday 3:00-4:00PM

Wednesday 7:00-8:15AM

Boys B Practice

Coach Mr. Holfeld

Tuesday 12:30-1:20

Girls B Practice

Coach: Ms. Lang,

Tuesday 3:00-4:30PM



Lancer School Curling

School curling runs on Thursdays from now until February from 3:30-4:45. Students need a clean pair of shoes and non-jean pants. We encourage all skill levels to come out and participate!! A team will be selected in February to go to play downs.

If you have questions, please contact Miss O'Grady or Mrs. O'Connor.



Just a reminder If you are ordering school Pictures, order forms need to be in by December 4th!

LANCER GEAR

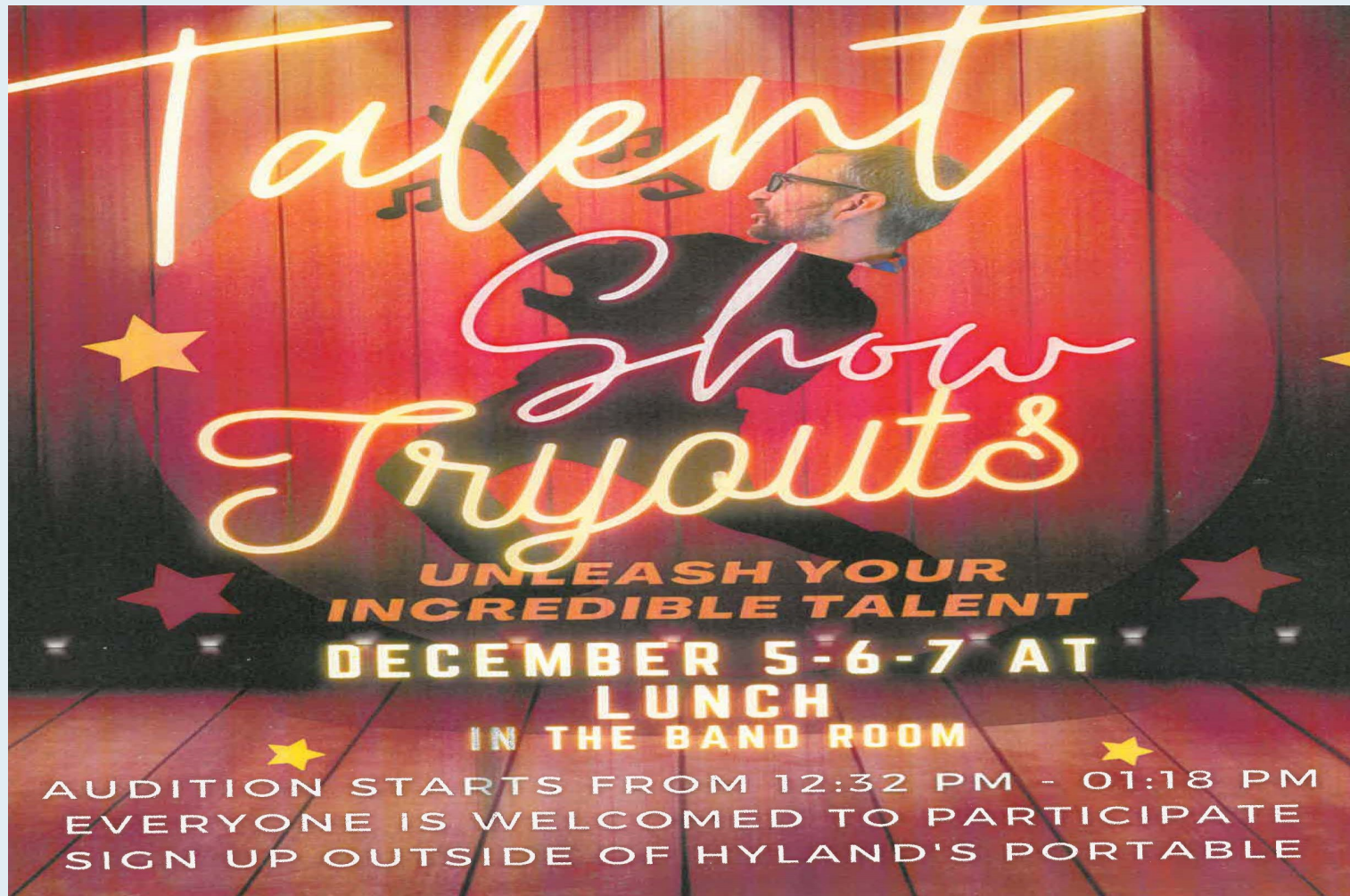


Bishop Lloyd Lancer gear can be ordered online and delivered direct to your home!

See the link below for the Bishop Lloyd catalogue which features a variety of clothing for men, women, and youth.

<https://bishoplloyd.entripyshops.com/>





Bishop Lloyd Breakfast Program

Bishop Lloyd offers a FREE breakfast program daily! We would like to say a special thank you to the Breakfast Club of Canada for their sponsorship and setting us up with the Toonies for Tummies local programing. As well as, to the PC Children's Charity for their grant money that we received this year.

Breakfast is available daily between 8:00 - 8:20 from the server. There are a variety of food items served that align with Canada's Food Guide.

If you would like to make a donation to our Breakfast Program please contact Krista Coish by email at krista.coish@lpsd.ca



feeding hungry minds

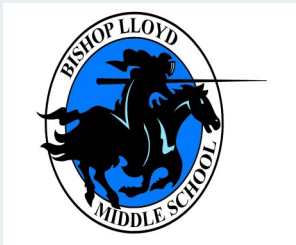
Yearbook

Yearbook meetings will be held on Tuesdays from 3-4:30, students will need to arrange transportation home. We also have last year's yearbooks available for \$30.00 at the office.

Bottle Drive

Our Easter Travel Group that will be visiting Quebec will be having a bottle drive. If you are interested in donating please drop them off at the Bottle depot under Bishop Lloyd Travel Club.

BISHOP LLOYD MIDDLE SCHOOL
LUNCHROOM & NOON HOUR EXPECTATIONS
2022-2023



All grade 7 and 8 and 9 students will eat lunch in their homerooms.

Students are to be seated in their assigned desk during the first 20 minutes of the lunch hour.

Students must remain in the lunchrooms until the supervisor dismisses them. Students are responsible for cleaning up their spaces used during the lunch hour.

Students wishing to remain inside the building after lunch room dismissal may access grade level classrooms and commons area.

Servery is only accessible during the 20 minutes lunchroom time. Grade 7, 8, and 9 students will have a weekly schedule indicating when the servery is accessible for their homeroom.

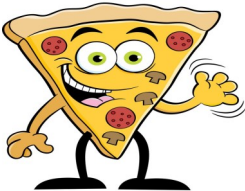
Students who use the servery will be expected to remain at school for the lunch hour portion.

Students who leave school for lunch must remain off school property during the lunch portion of the break (until 12:50).


menu

Chef Salad	\$3.00
Fresh Fruit	\$0.75
Fruit and Yogurt	\$2.00
Veggie Tray	\$2.50
Pizza Cheese	\$3.00
Pizza Peperoni	\$3.00
Pizza Ham	\$3.00
Pizza Chicken	\$3.00
Pizza Cold	\$1.75/slice
	\$3.00/2
Pizza Dip	\$0.75
Creamsicles	\$1.50
Fudgesicles/Revels	\$1.50
Ice Cream Sand.	\$1.50
Milk Small	\$1.25
Milk Large	\$2.00
Cans	\$1.50
Water	\$1.50
Juice Box	\$0.75

Lunch Specials Tuesday and Thursday
Will be posted on FB



DECEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1 Band Concert 7pm Vic Juba	2	3
4	5	6	7	8	9	10
11	12	13	14 Early Dismissal 2pm	15	16 Christmas PJ Day	17
18	19 Crazy Sock Day	20 Christmas Hat Day	21 Candy Cane Day	22 Ugly Christmas Sweater Day	23 No School Christmas Break	24 
25 Merry Christmas	26	27	28	29	30	31 New Years Eve

MERRY

CHRISTMAS

Holiday Break

No School
Thursday December 23rd
70
Friday January 6th

See you Back Monday, January 9th, 2023

Wishing you all a Merry Christmas & Happy New Year!



Increase your joy during the holidays

The holiday season is a time of joy for many, but there are also challenges that come with it.

This season set an intention to experience joy to benefit your mental and physical health.

Simple activities may help your whole family enjoy the holiday season. Start by doing one thing you enjoy.

Increase your joy through mindfulness

Take small mindfulness moments to reduce stress and increase happiness during the holiday season.

Practice mindfulness using the five senses:

- Take three deep breaths; notice things about each one of the senses of taste, smell, sound, sight, and touch.
- Take all the time you need; notice how much better you feel.

[Practicing Mindfulness | CMHA](#)

Tips to help your children feel joy

These practices can lead to greater joy during the holiday season and at any time:

Gratitude: pay attention to what you are grateful for.

Mindfulness: focus on the breath while noticing what is happening in the moment with a kind and caring heart.

Compassion: notice when others are going through challenging times and take positive steps to help them.

[Awaken Joy in Kids - Greater Good Berkeley](#)

Increase joy through self-care practices

Tips to increase your joy during the holidays and sustain you through tough times:

- **Sleep:** helps your body and brain work at their best.
- **Activity:** releases chemicals in your brain that make you feel good.
- **Do something you enjoy:** it improves your mood and uplifts you when you feel down.
- **Eat Well:** helps you feel healthy physically and mentally.

[Self-Care | CMHA](#)

MORE RESOURCES

[stress-and-your-health.pdf \(alberta.ca\)](#)

[Help in Tough Times | Alberta Health Services](#)

Information on mental health, community supports, programs and services in your area:



Addiction Services Help Line
1-866-332-2322

Mental Health Help Line
1-877-303-2642

